

Stone	Amazonite
Color	green
Character	
Element	Water
Chakra	4th, 5th
Key Properties	truth, communication, harmony, peacemaker; compassion; manifesting dreams;



Spiritual Properties	communicating higher truth and knowledge; discernment of energy boundaries; spoken affirmation;
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Emotional Properties	setting boundaries; move beyond fear of confrontation or judgement; right relationship; speak and live one's truth; self-knowledge and core beliefs; soothing
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Healing Properties	cell regeneration and healing after trauma; gout and arthritis; hair loss, brittle hair and nails; balance thyroid and adrenals; balances physical, etheric and astral bodies
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Harmonizes With	Throat chakra - Aquamarine, Ajoite, Larimar, Aqua Aura Quartz, Chrysocolla, Turquoise Deepen insight - Moldavite, Phenacite, Nuummite Inner journey - Azeztulite
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Dooney's Notes	Is also supposed to help with EMF's. Wear near computer and tape one to your cell phone.
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Synergy Twelve Stones:

Moldavite, Phenacite, Tanzanite, Azeztulite, Herderite, Petalite, Tibetan Tektite, Brookite, Natrolite, Scolecite, Satyaloka Quartz, Danburite
Activates entire human energy field

Sources:

1. "The Book of Stones" - Robert Simmons & Naisha Ahsian
2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Amethyst
Color	purple
Character	
Element	Wind
Chakra	6th, 7th, 8th and up
Key Properties	Protection, purification, divine connection, release of addictions, stone of royalty, stability, strength, peace, serenity, common sense, prosperity, insight, honesty



Spiritual Properties	communications with guides and angels; surrendering to divine; opens third eye and crown; develops psychic abilities; cutting cords; clears energy field; aids meditation; cocoon of light;
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Emotional Properties	identifies bad habits, behaviors and patterns; recognize spirit; helpful if you are longing for home on another planet or dimension; sadness, grief
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Healing Properties	addictions; balances nervous system and brain; tinnitus; nerve disorders; brain imbalances; improves oxygenation; keeps space clear; finds implants when used with chlorite; insomnia; headaches; bruises, swelling; parasites, large intestine
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Harmonizes With	Hematite, Magnetite, Moldavite, all quartz especially Citrine, Smoky Quartz, Clear Quartz, Chrysoprase, Opal, Tiger Eye, and all Chalcedony. Sugalite for addictions; Jet, Obsidian, Black Tourmaline Healers Gold
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Dooney's Notes	My favorite stone! We have a three-foot tall cathedral whom we call Grandfather. This cathedral has citrine in the amethyst points (known as Ametrine) and three big chunks of white calcite. I use it to call for protection and to create a healing space when working on someone.
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Stone Apache Tears

Color dark brown, black

Character a variety of obsidian (volcanic glass)

Element Earth, Fire

Chakra 1st, 2nd, 4th

Key Properties grounding; protection; enjoyment of physical experience; emotional cleansing; purifying meridians and chakras; assists in creation and strengthening of grounding cord; spontaneity

Spiritual Properties spiritual lessons of physical plane; psychic protection; open you to nature spirits and cohabitants from this and other dimensions; raises psychic attunement (feel threat approaching); negative vibe vacuum cleaner; opens portals to Nature

Emotional Properties help find joy when feeling trapped in physicality; points out value of life to those who are depressed; counter negative thought patterns; assist in finding more positive thoughts; heals emotional baggage; releases grief;

Healing Properties strength and stamina; vitalize and purify blood; stimulate hair and nail growth; boost immune system; calming to type A personality; expels snakebite venom; eliminates toxins; helps assimilate vitamin C and D

Harmonizes With Smoky Quartz, Black Tourmaline, Aegirine, Red Garnet, Midnight Lemurian Jade, Healer's Gold, Moldavite, Tibetan Tektite, Libyan Gold Tektite (helps ground the high energy of Tektites)
Emotional healing - Rhodochrosite

Dooney's Notes Another favorite stone. We put these at all windows and doors to create a protective energy barrier. We also include these in all of our orgonite to honor the Native Americans.



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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Apatite
Color	Blue, Green
Character	
Element	Wind (blue); Water, Earth (green)
Chakra	6th (blue); 4th, 5th (green)
Key Properties	Psychic activation, access to knowledge (blue); knowledge of the heart, relaxation, revitalization (green)



Spiritual Properties	aids exploration of past lives, lucid dreaming, dream recall (blue); prosperity consciousness, abundance of health and happiness (green)
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Emotional Properties	uplifting one's mood, overcoming acrophobia (blue); supports health of the emotional body, optimism, generosity (green)
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Healing Properties	helps calm headaches, overcome vertigo, improve eyesight (blue); aids overall healing and refreshment, healing the heart (green)
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Harmonizes With	
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Dooney's Notes	
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Sources:

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3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Apophyllite - Clear
Color	clear
Character	pyramid shaped with reflective bottom
Element	wind, earth
Chakra	6th, 7th
Key Properties	interdimensional awareness; enhance psychic vision; angelic connection; clarity



Spiritual Properties	connect with guides; renewed vision; connect with higher self;
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Emotional Properties	dispels "dark night of the soul"; return to spiritual path; develop faith and trust; higher perspective on physical experience
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Healing Properties	infuses aura with light energy; balances and stimulates energy system; helps you understand purpose for physical disease or imbalance
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Harmonizes With	Azeztulite, Scolecite, Natrolite, Phenacite, Herderite, Brookite - facilitate interdimensional travel Tibetan Tektite - activate kundalini Selenite - communication w/Higher Self
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Dooney's Notes	hold base of pyramid up to 3rd eye (6th chakra) for clarity of vision; gaze into pyramid at mirrored bottom to facilitate prophetic vision
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Sources:

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2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Apophyllite - Green
Color	milky green
Character	
Element	wind, earth
Chakra	4th, 6th, 7th
Key Properties	connection with nature spirits; tranquility; honesty; activates heart chakra and third eye



Spiritual Properties	facilitates communication with plants and especially animals; devic and angelic communication; use of energy vortices and dimensional doorways; astral travel; gets rid of pretense
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Emotional Properties	adds hopeful energy to emotional body; overcome cynicism; childlike joy and wonder of being alive; reduces fears, overcomes anxiety; releases suppressed emotions; gets rid of negative thoughts
-----------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Healing Properties	self-healing from degenerative disease; detoxification, especially chemical; resonance with electromagnetic field of the earth; respiratory problems; allergies
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Harmonizes With	Seriphos Green Quartz, Green Phantom Quartz, Seraphenite, Hiddenite, Fairy Wand Quartz
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Dooney's Notes	I keep this stone by my bedside to assist in astral travel while sleeping
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2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Aventurine - Green
Color	green
Character	
Element	Water, Earth
Chakra	4th
Key Properties	Vitality, growth, confidence
Spiritual Properties	stone of optimism; lightness, humor; stone of good luck, prosperity; clear and reinforce emotional body and heart chakra; release attachment to outcome; willing to be present; willing to heal
Emotional Properties	hope, optimism and joy; heart-centered and peaceful during difficult emotional experiences; release past relationships and life situations; growth and renewal
Healing Properties	heal and regulate heart and circulatory system; stimulates cell repair and growth; helps children blossom; stimulates life force and physical vitality
Harmonizes With	All members of quartz family Move through transformation - Moldavite Magnify heart chakra - Moonstone, Morganite, Green and Pink Tourmaline
Dooney's Notes	



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Sources:

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2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Azeztulite, Satyaloka Clear
Color	clear
Character	
Element	Storm, Wind
Chakra	1st, 2nd, 3rd, 4th, 5th, 6th, 7th
Key Properties	Truth, consciousness, bliss
Spiritual Properties	Facilitates intense expansion of consciousness, enlightenment
Emotional Properties	Inspires the awakening to divine bliss
Healing Properties	Initiates the infusion of spiritual light into the body
Harmonizes With	Moldavite and all "ascension" stones
Dooney's Notes	



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2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Azeztulite, Satyaloka yellow
Color	yellow, gold
Character	
Element	Storm
Chakra	3rd, 6th
Key Properties	Enlightenment, ascension, awareness of one's evolution



Spiritual Properties	Inspires awareness of and enthusiasm for spiritual awakening
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Emotional Properties	Encourages one to seek and savor the thrill of transformation
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Healing Properties	Aids the body in assimilating and integrating spiritual light
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Harmonizes With	
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Dooney's Notes	
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2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Bloodstone
Color	dark green with red spots
Character	
Element	Earth
Chakra	1st
Key Properties	strength, courage, purification, vitality, grounding, altruism, spiritual warrior stone, clairvoyance, communication with ancestors



Spiritual Properties	instills courage; assists in taking right action, fulfilling commitments; helps when undergoing change due to spiritual awakening; helps maintain faith, trust the divine, overcome loneliness, and find one's inner strength, dispels negativity from aura
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Emotional Properties	keeps from being discouraged when faced with obstacles; assists in feeling capable and self-sufficient; strengthens connection to divine, reveals feelings of isolation or loneliness as an illusion; facing death; making decisions
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Healing Properties	all types of blood ailments; blood production in bone marrow; anemia; stimulates liver and endocrine system; balances female hormones; dispels sluggishness in root chakra; increases endurance, stamina
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Harmonizes With	Cuprite, Smoky Quartz, Zincite, Black Tourmaline, Jet, Obsidian Christ Consciousness - Imperial Topaz Alignment with highest path - Moldavite
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Dooney's Notes	I use bloodstone frequently when working on clients for general chakra healing, especially if they have a specific complaint related to a chakra. I've used it on myself to help recover from illness and general fatigue.
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Synergy Twelve Stones:

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Sources:

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2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone **Calcite - Blue**

Color blue

Character

Element Fire, Air

Chakra 5th, 6th

Key Properties psychic ability, astral travel, soothing the emotional body

Spiritual Properties inner vision, clairvoyance, telepathy; focus on positive; enhances affirmations; connect with muse

Emotional Properties overcome fatalism, responsible for creating reality; calming; release stress; optimistic;

Healing Properties congestion in lungs; headaches; cataracts and eye disease (non-inflammatory);

Harmonizes With Protective - Moldavite
Out of Body - Herderite, Brookite
Throat - Aquamarine, Owyhee Blue Opal, Blue Chalcedony, Blue Lace Agate

Dooney's Notes



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Synergy Twelve Stones:

Moldavite, Phenacite, Tanzanite, Azeztulite, Herderite, Petalite, Tibetan Tektite, Brookite, Natrolite, Scolecite, Satyaloka Quartz, Danburite

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Sources:

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2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
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Stone **Calcite - Clear**

Color clear

Character

Element Fire, Wind

Chakra 1st, 2nd, 3rd, 4th, 5th, 6th, 7th

Key Properties insight, clarity, manifestation, forgiveness, amplifies intent; multi-level awareness; soothing, calming, cooling; stability

Spiritual Properties clears energetic blockages; stimulates third eye; releases past; clarity about correct path; reveals possibilities for renewal, growth and creation

Emotional Properties releases fear- or scarcity-based motivations; forgiveness and charity; surrender to divine; trust divine to steer to highest good

Healing Properties dissolve energy blockages; dispel energy stagnation; stimulate aura; metabolism; weight loss; immune system; blood clotting; bone and tissue healing; strengthens heart

Harmonizes With all Calcite, Moldavite, Phenacite, Azeztulite, Scolecite, Danburite

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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Calcite - Green
Color	green
Character	
Element	Fire, Water
Chakra	4th
Key Properties	relaxation, emotional balance, release of stress and resentment; connection with the heart;



Spiritual Properties	resonate with love energy; express compassion and goodwill; vitality, positive change; refreshes etheric body; attune to nature; attention to heart energy; stills mind;
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Emotional Properties	forgiveness of you and others; willingness to change; kindness; overcome social phobias; cools hot emotions; open to divine love;
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Healing Properties	clears arteries; well-being in aura; releases buried emotions when used over heart; effects of aging; vitality;
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Harmonizes With	all other Calcites; Green Apophyllite, Chrysoprase, Petalite, Lepidolite, Seraphinite
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Dooney's Notes	We have a lovely piece of Green Calcite in Steve's office. It's soft color and soft feel are wonderful to see and touch.
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Stone	Carnelian
Color	orange, red, pink
Character	
Element	Fire
Chakra	1st, 2nd, 3rd
Key Properties	Courage, vitality, sexuality, confidence, action; influx of creative and sexual energy; passion; power; assertive will; manifestation; analytical;



Spiritual Properties	assists in taking action to manifest goals; helps gentle souls make things happen;
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Emotional Properties	overcome fear of taking action; embrace change and transformation; releases stress; banish sorrow;
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Healing Properties	vitality; purify and sanctify bodily temple; detoxing from alcohol or drugs; breaking negative habits; improves overall health; balancing and healing ovaries and testes; repairs subtle bodies; allergies, colds;
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Harmonizes With	All varieties of Quartz, Jasper, Chalcedony Harmonize all chakras - Rose Quartz, Blue Lace Agate, Blue Quartz, Amethyst Extra grounding - Smoky Quartz Sexual energy - Zincite, Orange Calcite Psychic attack - Chlorite, Ruby
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Dooney's Notes	
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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Celestite
Color	white, grey, blue, green, yellow, orange, red
Character	
Element	Wind
Chakra	6th, 7th, 8th-14th, Ohio Celestite - 4th, 5th
Key Properties	Angelic communication, access to higher dimensions, serenity



Spiritual Properties	opening and clearing 6th & 7th chakras; blue-gray enhances 3rd eye, attracts protective spirits; golden aligns with crown chakra, stimulates connection to divine, can remove negative attachments and clear aura;
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Emotional Properties	blue-gray calms and centers, can be used to overcome fear or suspicion; golden brings optimism and energy;
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Healing Properties	clearing infections and attachments; cleanses auric field; activate metabolism; blue-gray helps with eye infections or weakness; golden stimulates digestion, balances appetite, encourages weight loss; kidney infections and urinary infect.
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Harmonizes With	Moldavite, Azeztulite, Petalite, Danburite, Scolecite, Morganite, Alexandrite, Natrolite, Phenacite, Herderite, Brookite, Tibetan Tektite, Lithium Quartz, Satyaloka Quartz
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Dooney's Notes	Ohio Celestite provides a more focused and intense energy than the blue-gray or golden. Can provide constant contact with higher beings. Facilitates psychic abilities, opens crown chakra. Good for working on meridians and chakras. Stimulates heart chakra, throat chakra
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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Charoite
Color	purple
Character	
Element	Wind
Chakra	1st, 3rd, 6th, 7th, 8th and below feet
Key Properties	Revealing one's path of service; purging of inner negativity; protection; healing



Spiritual Properties	purify and cleanse etheric body; protect from psychic attack; stimulates 6th, 7th, 8th chakras; stimulates intuitive and psychic ability; clears negativity; more effective healer
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Emotional Properties	overcome resistance to one's path; separate your issues from others; assists with energetic boundaries; interpretation of psychic information
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Healing Properties	strengthen body and energy field by grounding high-frequency energy into physical systems
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Harmonizes With	Moldavite, Phenacite, Seraphenite, Petalite, Amethyst, Kunzite, Blue Apatite Protection - Sugilite, Jet, Black Tourmaline, Smoky Quartz
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Synergy Twelve Stones:
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Dooney's Notes	
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3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Chrysocola
Color	Blue-green
Character	
Element	Water
Chakra	1st, 4th, 5th
Key Properties	Communication, expression of the sacred, goddess energies, gentleness, power



Spiritual Properties	Facilitates expressing inner wisdom, linking with the Earth's awareness
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Emotional Properties	Aids with calming, release of stress and anxiety
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Healing Properties	Supports adrenals, thyroid, aids with stress-related illnesses
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Harmonizes With	Larimar, Aquamarine, Ajoite, Malachite, Azurite, Lapis, Shattuckite
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Dooney's Notes	
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Synergy Twelve Stones:

Moldavite, Phenacite, Tanzanite, Azeztulite, Herderite, Petalite, Tibetan Tektite, Brookite, Natrolite, Scolecite, Satayaloka Quartz, Danburite

Activates entire human energy field

Sources:

1. "The Book of Stones" - Robert Simmons & Naisha Ahsian
2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone Chrysoprase

Color green

Character

Element water

Chakra 3rd, 4th

Key Properties growth, compassion, connection with nature, forgiveness, altruism; stone of the heart; prosperity;

Spiritual Properties blends personal will with urgings of the heart; connection to divine love; expanded ability to feel and express love; fosters positive and healing thoughts to others and to earth

Emotional Properties works out emotional imbalances; heals heart; release attachment to fear-based emotions;

Healing Properties general healing and regeneration; stone of youth; recuperation from degenerative diseases

Harmonizes With Ajoite
 Danburite - links heart and crown chakra
 Lepidolite, Amblygonite - stress relieving
 Phenacite, Azeztulite - open inner wisdom
 Kunzite, Morganite - bring forth loving aspects of the heart
 Moldavite - strengthens heart chakra and sense of oneness

Dooney's Notes



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Stone	Citrine
Color	orange, yellow, brown
Character	variety of quartz
Element	Fire
Chakra	1st, 2nd, 3rd, 6th
Key Properties	Manifestation; personal will; mental clarity; creativity; imagination; warming, comforting, uplifting; individuality; self-confidence;



Spiritual Properties	connect to Higher Self; combines mind with will; assists in learning; does not accumulate negative energy; merchant's stone, assists in acquiring wealth;
-----------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	lighten dark thoughts; optimism, playfulness, happiness; overcomes depression
-----------------------------	-------------------------------------------------------------------------------

Healing Properties	digestion; metabolism; weight loss increase energy during exercise
---------------------------	--------------------------------------------------------------------

Harmonizes With	Add power of 3rd chakra - Heliodor, Golden Labradorite, Imperial Topaz Creativity - Zincite, Orange Calcite, Carnelian Enhancing vision - Phenacite, Azeztulite, Natrolite Bring in energy from higher realms - Amethyst, Petalite, Danburite, Clear Apophyllite, Scolecite, Herderite
------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Dooney's Notes	Citrine will clear any other stone and never needs clearing. Natural citrine is more powerful than heat-treated citrine
-----------------------	-------------------------------------------------------------------------------------------------------------------------

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Stone	Creedite
Color	white, colorless, orange
Character	spiky
Element	storm
Chakra	6th, 7th, 8th, 9th, 10th, 11th, 12th, 13th, 14th
Key Properties	expansion of awareness; activation of upper chakras in conjunction with heart; peace; clarity;



Spiritual Properties	accelerates base frequency of body and energy field; fills aura with light; encourages connection to guides; creative visualization; inspiration from Divine; aligns throat and crown chakras
-----------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	identify w/higher perspective instead of emotions; overcome addiction to drama;
-----------------------------	---------------------------------------------------------------------------------

Healing Properties	reveals etheric component of disease
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Harmonizes With	Azeztulite, Scolecite, Phencite, Natrolite, Clear Apophyllite, Herderite Jet, Black Tourmaline - Grounding Carnelian, Orange Calcite, Zincite Amber w/ Orange Creedite - Enhance creativity Moldavite - spiritual awakening and transformation
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Dooney's Notes	
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Stone	Danburite
Color	white, pink, gold
Character	
Element	Wind
Chakra	4th, 6th, 7th, 8th, 9th, 10th, 11th, 12th, 13th,
Key Properties	angelic communication, channeling, interdimensional travel, peace, freedom from stress



Spiritual Properties	communication with higher beings, connect with angelic entities, high-frequency energy in body, evolve spiritually, activates up to 14th chakra, affinity with extraterrestrial entities
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Emotional Properties	soothes emotional body, releases grief, intense fear, anxiety, stress, resentment or anger
-----------------------------	--------------------------------------------------------------------------------------------

Healing Properties	calm, optimistic outlook, aids in sleeping (put in pillowcase) and in meditation, calms mind chatter
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Harmonizes With	Synergy Twelve Group Relaxation - Lilac Lepidolite, Amblygonite, Lithium Quartz Interdimensional travel - Merkabite Calcite and Elestial Calcite Grounding - Smoky Quartz
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Dooney's Notes	Heart chakra - Pink Tourmaline, Morganite Info from Carol Croft: Protection (no dark energy can cross) - Selenite, Celestite and Stibnite, make sure stones are touching; set up in four corners of house
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Stone	Dumortierite
Color	Blue
Character	
Element	Wind
Chakra	6th
Key Properties	Divine inspiration, psychic ability, inner guidance, enhanced learning capacity, mental discipline



Spiritual Properties	stimulates psychic abilities, prophetic vision, spiritual insight
-----------------------------	-------------------------------------------------------------------

Emotional Properties	Enhances emotional intelligence and empathy
-----------------------------	---------------------------------------------

Healing Properties	supports neural functioning and clarity of consciousness
---------------------------	----------------------------------------------------------

Harmonizes With	blue sapphire - mental discipline Lapis, Lazulite - psychic ability Phenacite - inner vision Azeztulite - spiritual awakening
------------------------	----------------------------------------------------------------------------------------------------------------------------------------

Dooney's Notes	
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Stone	Emerald
Color	green
Character	
Element	Water
Chakra	4th
Key Properties	Love, compassion, healing, abundance
Spiritual Properties	Facilitates the awakening to divine love
Emotional Properties	Opens the heart to love, forgiveness, compassion and trust
Healing Properties	Supports the heart, blood and circulatory system
Harmonizes With	All heart stones
Dooney's Notes	



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Stone	Flourite
Color	green, purple, white, yellow, red, pink
Character	mostly commonly green/purple
Element	Wind
Chakra	1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th
Key Properties	mental enhancement and clarity; improved decision-making; clearing energy fields; manifestation; coordination; innovation; inspiration; discernment



Spiritual Properties	focus energies; higher guidance; rich visions; receiving psychic information Purple - purification, access to Spirit Black - astral cleanser; Yellow - intellect; Green - heart; Pink - high heart (soul seat); Blue - throat; Multi - energy cleanse, aura
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Emotional Properties	remedies confusion, vacillation, instability, dishonesty and incoherent thought patterns; overcomes fear of future; helps you think through feelings
-----------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------

Healing Properties	balances brain chemistry; stimulates brain; assists in learning and memorizing; aids dizziness or vertigo; strengthens bones and teeth; infections; skin; mucous membranes; arthritis
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Harmonizes With	Clearing energy - Black Tourmaline, Smoky Quartz, Jet , Obsidian Heart work - Emerald, Diopside, Pink Tourmaline, Rose Quartz, Kunzite, Morganite with Pink and Green Fluorite
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Dooney's Notes	All forms of Calcite
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Stone	Garnet, Grossular
Color	Yellowish-green
Character	
Element	Earth
Chakra	3rd, 4th
Key Properties	Prosperity, health
Spiritual Properties	Facilitates manifestation of prosperity, zest for living
Emotional Properties	Helps one overcome financial anxiety and/or scarcity consciousness
Healing Properties	Supports vibrant, abundant health; recovery after illness
Harmonizes With	Aventurine, Green Jade, Emerald, Malachite, Celestite, Azeztulite, Natrolite and Clear Apophyllite
Dooney's Notes	

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Stone	Garnet, Red
Color	Red
Character	
Element	Earth
Chakra	1st
Key Properties	strength, security
Spiritual Properties	Provides grounding and protection, arouses kundalini energies; psychic protection; stone of ancient times
Emotional Properties	Dispels negativity, worry and panic; helps one adhere to truth
Healing Properties	supports reproductive organs; aids recuperation from injury
Harmonizes With	
Dooney's Notes	



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Stone	Hematite
Color	metallic grey
Character	will magnetize
Element	Earth
Chakra	1st - all chakras if it's magnetized
Key Properties	Grounding, manifestation, making the spiritual physical; memory; mental attunement; stone for the mind; original thinking; mental and manual dexterity; protects against all harm;



Spiritual Properties	teaches resolution of polarities, balancing of opposites, manifestation of light, grounding, allows you to carry high frequency energies, encourages ability to survive; reach for the sun;
-----------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	helps one see the silver lining in the cloud and the light at the end of the tunnel; strength, courage, fortitude in adversity; integrates shadow self; strengthens will; bestows vitality and dynamism; facilitates loving relationships; boosts self-esteem
-----------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Healing Properties	supports recovery from ailments of the blood and blood production in bone marrow; strengthens liver; assists in detox; balances nervous system; leg cramps; insomnia; spinal alignment; healing of bones; dispels heat and inflammation
---------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Harmonizes With	Black Tourmaline, Smoky Quartz, Obsidian, Jet, Tibetan Black Quartz, Herkimer Diamonds, Moldavite, Libyan Gold Tektite. Root chakra - Cuprite, Ruby or Zincite
------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------

Dooney's Notes	I usually carry Hematite (tumbled) in my pockets to keep me grounded, especially if I'm anxious or having a bad day. A hematite bracelet can also be helpful. If you feel clumsy and out of your body, grab some of this. This is also a good stone to use in onigrite. I always use it in HHG's and CB's.
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Stone	Herkimer Diamond
Color	clear or smoky; black carbon deposits
Character	16-sided; double-terminated
Element	Storm
Chakra	6th, 7th
Key Properties	dreams, visions, purification, spiritualization of physical life; solidified spiritual light; magnify other stones;



Spiritual Properties	astral tavel, time travel, dimension shifting; creating and maintaining dimensional doorways, healing grids, vortex grids; lucid dreaming;
-----------------------------	--------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	carbon-included helps remove cords
-----------------------------	------------------------------------

Healing Properties	clear increases the amount of light a body can handle; eyes, stamina;
---------------------------	-----------------------------------------------------------------------

Harmonizes With	Attunes to most any other stone
------------------------	---------------------------------

Dooney's Notes	Spouses/partners can glue one onto a Carol Croft HP and enjoy heightened psychic communication
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Stone	Howlite
Color	white
Character	
Element	
Chakra	3rd, 5th, 7th
Key Properties	communication; discernment; patience; desire for knowledge



Spiritual Properties	spurs one to reach goals; builds character; encourages attributes of spirituality
-----------------------------	-----------------------------------------------------------------------------------

Emotional Properties	eliminates pain, stress, rage; encourages subtlety and tact; dispels criticalness, cold selfishness and rudeness
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Healing Properties	disorders of teeth, bones, soft tissues; balances calcium levels
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Harmonizes With	Flourite
------------------------	----------

Dooney's Notes	sometimes dyed to mimic turquoise
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Stone	Iolite
Color	Blue-Gray
Character	
Element	Wind
Chakra	6th
Key Properties	Inner vision, shamanic journeying, healing of old wounds, soul retrieval



Spiritual Properties	Facilitates visionary experience in meditation
-----------------------------	------------------------------------------------

Emotional Properties	Encourages calm and resourcefulness in difficult situations
-----------------------------	-------------------------------------------------------------

Healing Properties	Supports healing of the eyes, memory problems, sleep issues
---------------------------	-------------------------------------------------------------

Harmonizes With	Lapis, Amethyst, Tanzanite, Lazulite, Azurite, Scolecite, Hematite
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Dooney's Notes	
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Stone Jade - Green

Color green

Character

Element Earth

Chakra 4th

Key Properties Health, abundance, flow of energy into matter; manifestation

Spiritual Properties encourages one to revel in life; connecting with energy of true abundance and manifesting; prevents greed, avarice and scarcity-mindedness; conveys energy of Nature

Emotional Properties allows joy in one's life; heals poverty-consciousness and other symptoms of belief in money as measure of worth

Healing Properties strengthens energy systems; heart healer (nephrite jade); soothes nervous system (nephrite jade); dextox and regeneration of tissues (green jadeite)

Harmonizes With all other heart stones

Dooney's Notes



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Stone	Kyanite
Color	blue, green, black
Character	
Element	Storm
Chakra	1st, 2nd, 3rd, 4th, 5th, 6th, 7th
Key Properties	Inner bridges; psychic ability, connecting with Nature; past-life recall; telepathy, empathy; negotiation; rapid communication; catalyst; tranquility



Spiritual Properties	stimulates 3rd eye and psychic ability; bridges blockages between etheric and physical bodies; protects aura; facilitates telepathy and transfer of energy between people; aligns all chakras immediately; facilitates meditation
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Emotional Properties	bridges over energy blocks and creates new perceptions to overcome emotional trauma; dispels anger and frustration;
-----------------------------	---------------------------------------------------------------------------------------------------------------------

Healing Properties	broken bones, surgeries; reestablish damaged nerve and tissue pathways; heals brain from trauma, seizure or stroke;
---------------------------	---------------------------------------------------------------------------------------------------------------------

Harmonizes With	All Kyanite varieties Blue Kyanite - opens 6th chakra, links subtle bodies Green Kyanite - focuses energy on 4th chakra, helps discern truth, connect to Nature Black Kyanite - clear blocked chakras, grounding, energizing, past lives, probable futures Indigo Kyanite - stimulates pineal
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Dooney's Notes	Never needs clearing;
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Stone	Labradorite
Color	green, blue, gold, orange, red, violet
Character	Sun and Moon
Element	Wind
Chakra	1st, 2nd, 3rd, 4th, 5th, 6th, 7th
Key Properties	Magic, protection, openness, flexibility



Spiritual Properties	move between realities, connect with unseen realms, enhances psychic abilities, psychic protection, protects aura, synthesizes intellect and intuition, shows us our goals
-----------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	uncovers subconscious belief patterns focus on personal issues embrace new ideas relieves insecurity enhances faith, stimulates imagination
-----------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------

Healing Properties	reveals mystery illnesses, patterns of disease, amplify healing thoughts and prayers, stimulate mental activity, reduce anxiety and stress digestion, regulation, metabolism, colds, blood pressure
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Harmonizes With	Moonstone, Sunstone, Spectrolite, Golden Labradorite
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Stone Lapis Lazuli

Color blue

Character

Element Wind

Chakra 5th, 6th

Key Properties inner vision; truthful communication; royal virtues; self-knowledge; reflection; knowledge from lost civilizations, such as Atlantis; initiation; truth; balance; justice; insight; clarity; awareness

Spiritual Properties awakens third eye; enhances ability to visualize and receive visual guidance; enhances meditative journeys; clairvoyance, precognition; facilitates past life viewing; wisdom; honesty; friendship; balances yin-yang energy

Emotional Properties identifies blocks to spiritual progress; encourages self-awareness, dignity, honesty and uprightness; enjoy contact with others; helps convey emotions and feelings; face truth and accept it; express opinions; contain conflicts

Healing Properties identifies karmic root of disease as well as habitual thought patterns and emotions that are sabotaging healing; supports throat and upper chest; lowers blood pressure; regulates thyroid, lengthens menstration cycle; RNA/DNA damage; insomnia

Harmonizes With Turquoise, Rhodochrosite, Sugilite, Chrysoprase, Pietersite, Rhodonite, Larimar
 Transformaton to highest purpose - Moldavite
 Past-life memories - Alexandrite, Oregon Opal

Dooney's Notes I have a Lapis egg that I use during boosting and healing work to help me see more clearly and to see truth. We also include Lapis (small chips) in all of our orgonite to help the world will wake up to truth. Especially useful around govt. buildings!



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Sources:

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2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Larimar (Pectolite)
Color	blue-green, white
Character	Dolphin stone, looks like tropical sea
Element	Water, Fire
Chakra	4th, 5th, 6th, 7th
Key Properties	calming, cooling, soothing to emotional body, enhanced communication, feminine power, connection with goddess energy; confidence; aids flow of energy; acceptance



Spiritual Properties	access divine feminine; self-nurturance, self-respect; calms overactive energy; manifest highest purpose; recognize chains; purges entities;
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Emotional Properties	dissolves phobias, panic attacks, stress, anger, fear, excessive emotions; releases judgement and ego; encourages tolerance;
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Healing Properties	pregnancy, birth and post-partum; high blood pressure; stress-related illness; infection, fever, inflammation; colds and flu; opens feet chakras, dissolves energy blocks, esp. chest, neck and head; stimulates brain
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Harmonizes With	Aquamarine, Ajoite, Turquoise, Andean Blue Opal, Aqua Lemuria, Chrysocola, Lemurian Seed Crystal, Moldavite, Tibetan Tektite, Lift up lower chakras - Cuprite, Ruby, Zincite Higher Dimensions - Phenacite, Brookite, Natrolite
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Dooney's Notes	Get a piece of this if you can afford it
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Synergy Twelve Stones:

Moldavite, Phenacite, Tanzanite, Azeztulite, Herderite, Petalite, Tibetan Tektite, Brookite, Natrolite, Scolecite, Satayaloka Quartz, Danburite
Activates entire human energy field

Sources:

1. "The Book of Stones" - Robert Simmons & Naisha Ahsian
2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Lemurian Seed Crystal
Color	white, pink
Character	ladder-like grooves, Dow crystal
Element	Earth, Wind
Chakra	7th, 8th
Key Properties	Connection with divine feminine unification with the soul, true self access to knowledge wisdom of ancient Lemuria record keeper, Christ consciousness



Spiritual Properties	expands consciousness, connect to higher self, highest frequency of light, teaching stone, receive information, heart opening, telepathy, connection with angelic entities
-----------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	heals seperation from divine connect to soul at one with others and oneself good for children to stay in body
-----------------------------	------------------------------------------------------------------------------------------------------------------------

Healing Properties	communication with healing guides support for healing work amplifies energies of other stones
---------------------------	-----------------------------------------------------------------------------------------------------

Harmonizes With	Larimar, Celestite, Rose Quartz, Kunzite Moldavite for highest spiritual level Herkimer Diamond for Atlantean energy
------------------------	----------------------------------------------------------------------------------------------------------------------------

Dooney's Notes	all-around useful stone; great for protection and healing work; useful when nothing else is working
-----------------------	-----------------------------------------------------------------------------------------------------

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Stone Malachite

Color green

Character

Element fire

Chakra 3rd, 4th

Key Properties enlightened leadership; creativity; confidence; protection; a healed heart; grounding; stone of transformation; fidelity; loyalty; responsibility; desire for knowledge; dreams, imagination

Spiritual Properties co-creating physical reality; reveals energetic and emotional boundaries; protection from power abuse; clears and activates chakras; shows clear path; self-awareness

Emotional Properties clears emotional confusion; overcomes victim/abuser polarity; organizes creativity; overcome fear of confrontation or fear of self-expression; releases negative experiences;

Healing Properties restores strength and vitality; formation of red blood cells; oxygenation; reduces inflammation; detoxing; digestion aid; colon function; cramps and menstrual problems; midwife stone

Harmonizes With Azurite, Turquoise, Shattuckite, Chrysocolla, Ajoite
Tiger eye - physical energy & protection
Morganite - balancing heart chakra

Dooney's Notes



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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Moldavite
Color	dark green
Character	extraterrestrial
Element	Storm
Chakra	1st, 2nd, 3rd, 4th, 5th, 6th, 7th
Key Properties	esp. 4th and 6th, transformation, rapid spiritual evolution, chakra activation, cleansing, protection, synchronicities; Holy Grail stone; blends cosmic and earthly energies



Spiritual Properties	connection to guides; expanded awareness; highest frequencies;
-----------------------------	----------------------------------------------------------------

Emotional Properties	brings out shadow side for examination and integration; shines brightly into depths of soul
-----------------------------	---------------------------------------------------------------------------------------------

Healing Properties	activation stone; healing crisis possible; identifies root of imbalance; immune system
---------------------------	----------------------------------------------------------------------------------------

Harmonizes With	All Quartz, Amethyst, Citrine, Rose Quartz, Sugilite, Charoite, Lapis, Larimar, Rhodochrosite, Aquamarine, Heliodor, Pietersite, Smoky Quartz, Selenite, Herkimer Diamonds
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Dooney's Notes	
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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Moonstone
Color	peach, white, light brown
Character	
Element	Wind
Chakra	6th, 7th
Key Properties	Mystery; self-discovery; intuition; insight; dreams; the goddess



Spiritual Properties	stone of mystery; patience, right action; working with divine; stages of creation; psychic awareness; outside guidance; attune to guides;
-----------------------------	-------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	sort through emotions; releases frustration; surrender to natural cycle of life; objectivity
-----------------------------	----------------------------------------------------------------------------------------------

Healing Properties	attune to moon's energy; stabilize female cycle; help males attune to own hormonal shifts; balance water retention; insomnia
---------------------------	------------------------------------------------------------------------------------------------------------------------------

Harmonizes With	Rainbow harmonizes with Sunstone, Labradorite, Black Jade, Amber, Golden Labradorite, Moldavite, Amethyst, Jet, Tibetan Tektite
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Dooney's Notes	
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3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Obsidian - Black
Color	black
Character	
Element	earth
Chakra	1st
Key Properties	psychic protection; grounding, cleansing of negativity; spirit communication;



Spiritual Properties	psychic vacuum cleaner; cleans aura; stimulates root chakra to connect to earth; scrying (seeing future); maintain integrity of energy fields, especially for the emotionally sensitive
-----------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	understanding and acceptance of dark side of your nature; breaking negative patterns or self-abuse, eating disorders, addictions;
-----------------------------	-----------------------------------------------------------------------------------------------------------------------------------

Healing Properties	removes blockages in meridian system; clearing reproductive problems; opens and clears 1st and 2nd chakras
---------------------------	------------------------------------------------------------------------------------------------------------

Harmonizes With	Jet, Black Tourmaline, Smoke Quartz - grounding Moldavite - raise vibration Amber - healing Alexandrite, Oregon Opal - view past lives Phenacite, Scolecite, Natrolite, Azeztulite - activate 6th and 7th chakras, enhanced psychic abilities
------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Dooney's Notes	We have a chunk of obsidian in each corner of our house, and we have a rainbow obsidian egg that we used for a Succor Punch
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3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Obsidian - Snowflake
Color	black with white spots
Character	
Element	Earth
Chakra	1st, 6th
Key Properties	Perserverance, insight, attunement to spiritual guidance, past-life recall, spirit communication



Spiritual Properties	Increases psychic sensitivity, past-life recall, awareness of synchronicities
-----------------------------	-------------------------------------------------------------------------------

Emotional Properties	Helps one dispel "victim consciousness," inspires belief in oneself
-----------------------------	---------------------------------------------------------------------

Healing Properties	Supports spiritual healing of cancer, encourages receptivity to healing
---------------------------	-------------------------------------------------------------------------

Harmonizes With	Magnesite, Zincite, Lapis, Iolite, Siberian Blue Quartz, Scolecite, Herderite
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Dooney's Notes	
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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Peridot
Color	green
Character	Elven stone
Element	Earth
Chakra	3rd, 4th
Key Properties	Increase, prosperity, warmth, well-being, protection, cleansing, freshening, invigorating



Spiritual Properties	honors source of abundance, frequency of love, fairy realm, communicate with plant and animal kingdom, symbol of the sun
-----------------------------	--------------------------------------------------------------------------------------------------------------------------

Emotional Properties	removes blockages to receiving; releases stored anger, self-blame
-----------------------------	-------------------------------------------------------------------

Healing Properties	alleviate heaviness of heart, heart-related imbalances, strengthen blood; anemia; poor oxygenation; recovery from tobacco or inhalent addiction; removes toxins; skin problems; liver and gallbladder
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Harmonizes With	Rose Quartz
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Dooney's Notes	
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Stone	Phenacite
Color	clear, yellow, pink
Character	often mistaken for quartz
Element	Storm
Chakra	6th, 7th
Key Properties	Third-eye activation; inner visions; awakening the light body; interdimensional travel; communicate with guides;



Spiritual Properties	guides spiritual initiation; make choices aligned with spiritual path; activates psychic abilities; draws energy to body; facilitates meditation; clears chakras; clears aura;
-----------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	helps gain resolve; spiritual courage;
-----------------------------	----------------------------------------

Healing Properties	nerve damage; brain imbalances; brain damage; stimulates brain function;
---------------------------	--------------------------------------------------------------------------

Harmonizes With	Synergy Twelve Stone Merkabite Calcite, Elestial Calcite, Papagoite and other upper chakra stones
------------------------	------------------------------------------------------------------------------------------------------

Dooney's Notes	
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Stone	Pietersite
Color	brown, varigated
Character	
Element	Storm
Chakra	3rd, 6th
Key Properties	Insight, intuition, increased power of the will, precognition, interdimensional travel, self-transformation



Spiritual Properties	Highly spiritually activating, catalyzes peak experiences, powerful aid to manifestation
-----------------------------	------------------------------------------------------------------------------------------

Emotional Properties	Empowers the will and lends self-confidence and fearlessness
-----------------------------	--------------------------------------------------------------

Healing Properties	Increases mental and physical energies, enhances overall vitality
---------------------------	-------------------------------------------------------------------

Harmonizes With	
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Dooney's Notes	
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Stone	Prehnite
Color	Light green
Character	
Element	Earth, Water
Chakra	3rd, 4th
Key Properties	Inner peace, union of the heart and will, communication with non-physical beings
Spiritual Properties	Attunes one to higher dimensions through heart awareness
Emotional Properties	Brings peaceful awareness, dispels worry and restlessness
Healing Properties	Supports digestive, circulatory, lymphatic and urinary systems
Harmonizes With	Adamite, Jade, Smithsonite, Hemimorphite, Blue Aragonite, Libyan Gold Tektite, Heliodor, Emerald, Moldavite, Natrolite, Scolecite, Herderite, Lilac Lepidolite and all Azeztulites
Dooney's Notes	Carol calls this the "feel good" stone

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Stone	Pyrite
Color	gold
Character	
Element	earth
Chakra	3rd
Key Properties	masculine energy; manifestation; action, vitality, willpower; creativity; confidence



Spiritual Properties	integrate high-frequency energy into body; taking action to create abundance; stimulates creative energy; healthy sexual expression
-----------------------------	-------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	overcome fears and take action; encourages you to be dynamic and confident
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Healing Properties	purifies infection; stimulates endocrine function; male impotence and infertility; skin disease; fungal infection; viral infection
---------------------------	------------------------------------------------------------------------------------------------------------------------------------

Harmonizes With	Zincite, Carnelian - stimulation of male sexual energy
------------------------	--------------------------------------------------------

Dooney's Notes	
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Stone Rhodochrosite

Color pink, red

Character

Element fire, water

Chakra 3rd, 4th

Key Properties emotional healing; recovery of lost memories and forgotten gifts; self-love, compassion; stone of joy; inner peace; self-forgiveness; courage; stone of love and balance

Spiritual Properties bridge between upper and lower chakras; resonates with inner child; courageous heart; playfulness; stimulates creativity; helps you align to frequency of love; enthusiasm for life; attunement to higher self

Emotional Properties recovering, reliving and releasing emotional wounds; heals inner child; using will to create reality; mood lifting; expressions of feeling; balances emotions;

Healing Properties nervous system imbalances; anti-anxiety, anti-stress; withdrawal from stimulants; stimulates circulation; blood pressure; kidneys; reproductive organs; migraines; digestion

Harmonizes With Most other heart stones; Rose Quartz, Pink Calcite, Rhodonite, Morganite, Emerald, Tsavorite Garnet
 Moldvite - recover forgotten pieces of self
 Phenacite - enhance vision and memory
 Alexandrite, Oregon Opal - past life recall
 Black Tourmaline, Jet - protection and grounding during self-healing

Dooney's Notes



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Stone	Rhodonite
Color	pink, red
Character	
Element	Fire, Earth
Chakra	1st, 4th
Key Properties	Discovering and developing hidden talents; compassion, love, generosity, altruism



Spiritual Properties	outer-directed love; using recovered gifts; understand one's purpose; value one's gifts and utilize them for higher good
-----------------------------	--------------------------------------------------------------------------------------------------------------------------

Emotional Properties	stone of self-worth; feeling sure about purpose; clearer call to one's path
-----------------------------	-----------------------------------------------------------------------------

Healing Properties	weight loss; detoxification and purification; gallstones and kidney stones; healing of liver
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Harmonizes With	Rose Quartz, Pink Calcite, Rhodochrosite, Morganite, Emerald, Tsavorite Garnet (all heart stones) Awakening higher self - Phenacite, Scolecite, Natrolite and Herderite Clear negative energy - Sugilite and Tibetan Black Quartz Manifesting dreams - Red Garnet and Tsavorite Garnet
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Dooney's Notes	
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Stone	Rose Quartz
Color	pink
Character	
Element	Water
Chakra	4th
Key Properties	love; gentleness; emotional healing; release of stress; uniting with divine



Spiritual Properties	humble but powerful; bathes body, mind and spirit in healing frequency; enlightening; loving consciousness of Christ
-----------------------------	----------------------------------------------------------------------------------------------------------------------

Emotional Properties	calming; releasing worry, fear, anxiety and past emotional trauma; clears ego-driven patterns; open to receiving and sharing love, compassion and kindness
-----------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------

Healing Properties	stabilizes heart trauma and imbalance; shifts heart to higher frequency; esp. good for babies or kids with weak hearts
---------------------------	------------------------------------------------------------------------------------------------------------------------

Harmonizes With	all heart stones, Rhodonite, Pink Calcite, Pink Tourmaline, Rhodochrosite, Morganite, Emerald, Tsavorite Garnet, Peridot Transformation through love - Moldavite Window to divine love - Phenacite, Natrolite, Scolecite
------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Dooney's Notes	A most basic stone to have in your inventory. We have a 30-pound polished piece that we got at Quartzsite.
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Stone	Ruby
Color	red
Character	
Element	Earth
Chakra	1st
Key Properties	Life force; courage; passion; strength; enthusiasm; adventurousness; protectiveness



Spiritual Properties	stimulates root chakra; enjoy being in physical world; mastering thought and intent into physical world; release past trauma;
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Emotional Properties	more engaged in life; more willing to be in body; more loving towards body and human existence
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Healing Properties	heals 1st and 2nd chakras; inadequate circulation in feet and legs; sexual dysfunction and infertility; weight regulation;
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Harmonizes With	Blue Sapphire for self-control Proustite, Cuprite and Zincite for increased life force Rose Quartz and Morgantie for romance
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Dooney's Notes	
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Stone **Ruby Zoisite**

Color red and green

Character

Element Storm

Chakra 1st, 4th, 6th

Key Properties Increase in inner and outer development; awakening of the true self; joyful engagement with life; healing, increase in life force

Spiritual Properties teaches growth, healing and enjoyment of the moment; helps one perceive gifts in life; recognizes the illusion of death

Emotional Properties alleviate grief, anger, despair, hopelessness, defeat; heals emotional body; promotes healing

Healing Properties healing the experience of terminal disease and the transition of death

Harmonizes With Tanzanite, Aphophyllite, all forms of Sapphire
Heart chakra activation - Tugtupite

Dooney's Notes



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Stone	Rutilated Quartz
Color	white, brown, gold, clear
Character	
Element	storm
Chakra	1st, 2nd, 3rd, 4th, 5th, 6th, 7th
Key Properties	Programmable for attunement, amplification, acceleration, expanding awareness, quickening and grounding manifestation



Spiritual Properties	Aids telepathy and intuition, amplifies ones power of manifestation
-----------------------------	---------------------------------------------------------------------

Emotional Properties	Intensifies feelings, quickens emotional catharsis, breeds optimism
-----------------------------	---------------------------------------------------------------------

Healing Properties	Supports a speedy healing process, aids hair growth and quality
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Harmonizes With	All types of Quartz Synergy Twelve Merkabite Calcite Elestial Calcite
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Dooney's Notes	
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Synergy Twelve Stones:

Moldavite, Phenacite, Tanzanite, Azeztulite, Herderite, Petalite, Tibetan Tektite, Brookite, Natrolite, Scolecite, Satayaloka Quartz, Danburite

Activates entire human energy field

Sources:

1. "The Book of Stones" - Robert Simmons & Naisha Ahsian
2. "Love is in the Earth" - Melody
3. "The Essential Crystal Handbook" - Simon & Sue Lilly
4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Selenite
Color	cloudy white, gray, green or golden brown
Character	usually seen as wands
Element	Wind
Chakra	6th, 7th, 8-14th
Key Properties	spiritual activation; communion with Higher Self, spirit guides and angels



Spiritual Properties	clears etheric blockages and debris; free flow of energy through higher chakras;
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Emotional Properties	stimulates emotional body; compels forward movement; overcomes stagnation;
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Healing Properties	stimulates healing with high frequency energy
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Harmonizes With	almost any other stone good for making energy tools, such as attaching other stones to a selenite wand; for example, you can attach a stone for each chakra onto a wand for a powerful chakra healing tool.
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Dooney's Notes	Protection - place in a pile with Danburite, Celestite and Stibnite. Put a pile in each corner of your home and no dark entities will be able to get near.
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Stone	Seraphinite
Color	dark green with silver striations
Character	
Element	storm, earth
Chakra	1st, 2nd, 3rd, 4th, 5th, 6th, 7th
Key Properties	Self-healing; regeneration; wholeness; angelic connection; opening; sensitizing; revealing; cleansing



Spiritual Properties	links physical with angelic; brings healing to body, mind, spirit and earth; angelic and devic communication; heart chakra; cleanses aura, chakras, meridians
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Emotional Properties	releases emotional energy that doesn't serve; brings enlightening, joyful energy; stimulates flow and elasticity of energy so one can react in a balanced way; clarifies personal goals; alleviates feelings of isolation and abandonment
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Healing Properties	regulates growth and reproduction of all types of cancer cells; general healing of systemic imbalance or disease; strengthens blood; aids cellular respiration and delivery of nutrients to cells; calms overactivity
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Harmonizes With	Moldavite, Phenacite, Scolecite, Petalite, Tanzanite, Danburite, Azeztulite, Herkimer, Tibetan Tektite, Charoite. Connection w/divine feminine - Azeztulite Healing - Sugilite Connection w/ nature spirits - Green Apophyllite Grounding - black tourmaline Energy implants & psychic attack - Amethyst or Carnelian & Ruby
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Dooney's Notes	
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Stone	Smoky Quartz
Color	brown
Character	
Element	Earth
Chakra	1st
Key Properties	Grounding; transformation of negative energies; practicality; organization; manifestation of one's dreams and inspirations; protection; healing



Spiritual Properties	helps you receive and utilize more high-frequency energy; assists in aligning physical body with expanded range of light frequencies; purifying and protective
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Emotional Properties	good if you resist being in a body; helps change one's reality
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Healing Properties	counter negative effects of radiation, i.e. sunburn, exposure to radioactive materials, medical radiation therapy and EMF exposure
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Harmonizes With	Sugilite, Black Tourmaline, Jet, Obsidian, Moldavite
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Dooney's Notes	Also an incredible healing stone...should be present in any healers' office.
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Stone Sodalite

Color dark blue

Character forms dodecahedral crystals!

Element Wind

Chakra 5th, 6th

Key Properties access to subconscious and intuitive abilities; enhanced insight and mental performance; deepened intuition; improves communication; fellowship;

Spiritual Properties perceive one's path; spiritual growth without magical tricks; access to universal laws; idealism; truth; true to self

Emotional Properties detachment from everyday worries; higher, more serene perspective; peace; dissolves guilt;

Healing Properties blood pressure; water retention; improves cellular hydration; cleanses lymph system, improves immune system; heals throat, larynx, vocal cords

Harmonizes With Intuition - Iolite, Lapis, Siberian Blue Quartz, Blue Sapphire, Lazulite
High vibe - Moldavite
Higher spirit - Phenacite, Scolecite, Natrolite, Danburite, Herderite

Dooney's Notes I highly recommend getting a piece of this stone to handle if you are interested in opening your psychic abilities. Once I pick it up I almost can't put it down.



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Stone	Stibnite
Color	metallic gray
Character	spiky stuff has most energy
Element	Earth
Chakra	1st, 2nd, 3rd, 4th, 5th, 6th, 7th
Key Properties	attunement with new frequencies; transformation; new perspectives; prosperity; enhancement of personal power; purifying



Spiritual Properties	manifesting light into physical form; helps incorporate higher frequencies from meditation; needs highly focused intention;
-----------------------------	-----------------------------------------------------------------------------------------------------------------------------

Emotional Properties	releases fear of exploring higher realms; cleanses and releases debris from emotional body;
-----------------------------	---------------------------------------------------------------------------------------------

Healing Properties	channels high frequency energy and grounds it into the body; heals infections from herpes, cold sores, boils, cuts and wounds
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Harmonizes With	Reveal new perspectives - Phenacite, Azeztulite, Herderite Enhancing personal power - Cuprite, Heliodor, Zincite Contact with extraterrestrials - Moldavite, Tibetan Tektite, Libyan Gold Tektite, Pallasite Meteorite
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Dooney's Notes	Info from Carol Croft: Protection (no dark energy can cross) - Selenite, Celestite and Stibnite, make sure stones are touching; set up in four corners of house
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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Sugilite
Color	purple
Character	
Element	wind
Chakra	6th, 7th, 8th, 9th, 10th, 11th, 12th, 13th, 14th
Key Properties	dreams; spiritual protection and purification; becoming a beacon of light; integration; sensitivity;



Spiritual Properties	stimulates and opens crown chakra; energetic cleansing; hope; optimism; repels negativity; fills aura with high-frequency light; good for gentle souls and energy-sensitives; following dreams and passion; right path and inner truth
-----------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Emotional Properties	overcomes hopelessness; lends strength and courage to manifest dreams; forgiveness; reminds one of reason for being on earth plane; emotional freedom; dispels hostility; alleviates sorrow and grief;
-----------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Healing Properties	nightmares, insomnia, sleep disorders; peace of mind; calms nerves, releases worries; headaches; epilepsy; motor disorders
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Harmonizes With	Moldavite - especially powerful combo Intensifying vision - Phenacite, Natrolite, Herderite, Brookite, Scolecite Grounding - Hematite Increasing effect of aura of protection - Amethyst
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Dooney's Notes	put some in your pillowcase for interesting dreams
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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Sunstone
Color	Orange
Character	
Element	Fire
Chakra	2nd, 3rd
Key Properties	Leadership, benevolence, strength, abundance of blessings, enlightened male energy



Spiritual Properties	Inpires responsibility, conviction, benevolence; aids prosperity
-----------------------------	------------------------------------------------------------------

Emotional Properties	Encourages a positive, benevolent attitude; overcomes self-doubt
-----------------------------	------------------------------------------------------------------

Healing Properties	Warms the body; increases digestion, metabolism and vitality; supports endocrine and reproductive systems
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Harmonizes With	Moonstone, Labradorite, Moldavite, Amber, Selenite, Golden Labradorite, Prasiolite, Jet, Danburite, Larimar, Quartz
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Dooney's Notes	
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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Tiger Eye
Color	yellow-brown bands, red, gold, black
Character	
Element	Fire, Earth
Chakra	1st, 2nd, 3rd
Key Properties	balance between extremes; discernment; vitality; strength; practicality; fairness; mental clarity; intellect; logic; paradox; protects against evil eye, demons and witchcraft; confuses enemies;



Spiritual Properties	balance between polarities; balance between physical and spiritual; actualizing spirit; Christ consciousness;
-----------------------------	---------------------------------------------------------------------------------------------------------------

Emotional Properties	find emotional equilibrium; harmony between different viewpoints; harmony in relationships; unconditional love; compassion; soothes; builds confidence
-----------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------

Healing Properties	blood fortifier; strengthen endocrine system; brings hormones and biochemistry into balance
---------------------------	---------------------------------------------------------------------------------------------

Harmonizes With	all Quartz Malachite, Charoite, Seraphinite, Jasper Transformation of "stuck" energy - Moldavite
------------------------	--------------------------------------------------------------------------------------------------------

Dooney's Notes	I put a small chip of Tiger Eye in my HHG's so they won't be found.
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Stone Topaz - Blue

Color light blue

Character four-sided crystals

Element fire

Chakra 5th, 6th

Key Properties enhancement of mind and communication; magnifies psychic abilities; calming; ability to verbalize what you want to manifest; alignment to universe

Spiritual Properties integrate lessons; gain knowledge from experience; opens throat chakra; communication with higher beings

Emotional Properties calming, soothing effect on emotional body; facilitates communication of feelings and truth

Healing Properties sore throat; speech impediment; fear of public speaking; hyperactive thyroid (natural blue topaz only); neck and throat; migraines

Harmonizes With Amethyst

Dooney's Notes Most blue topaz on the market is white topaz that has been irradiated. Natural blue topaz is preferable.



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4. "Crystal Power, Crystal Healing" - Michael Gienger

Stone	Tourmaline, Pink
Color	pink
Character	
Element	Water
Chakra	4th
Key Properties	Love, emotional healing



Spiritual Properties	Encourages one to become a living beacon of love energies
-----------------------------	-----------------------------------------------------------

Emotional Properties	Helps repair holes in the auric field from emotional wounds
-----------------------------	-------------------------------------------------------------

Healing Properties	Supports the heart, lungs and parasympathetic nervous system
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Harmonizes With	Rose Quartz, Morganite, Kunzite, Thulite, Rosophia, Rhodochrosite, Malachite, Diopase, Pink Calcite and Satyaloka Rose Azeztulite
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Dooney's Notes	
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Stone	Tourmaline, Black
Color	black
Character	
Element	Earth
Chakra	1st
Key Properties	Purification, protection, grounding



Spiritual Properties	Aids with grounding and cleansing of the energy field
-----------------------------	-------------------------------------------------------

Emotional Properties	Helps dispel worry, fear, judgement, shame and other toxic emotions
-----------------------------	---------------------------------------------------------------------

Healing Properties	Supports purification of the body, eliminating toxic substances
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Harmonizes With	Jet, Obsidian, Black Andradite Garnet, Smoky Quartz, Sugilite, Charoite, Amethyst, Hematite
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Stone	Turquoise
Color	light blue
Character	
Element	Storm
Chakra	5th
Key Properties	Wholeness; communication; spiritual expansion



Spiritual Properties	stimulates and harmonizes throat chakra; wisdom of life experiences; balancing, serenity, peace; lifts sagging spirits; sharing insights
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Emotional Properties	self-forgiveness; self-acceptance; release of regrets; compassion, forgiveness of others
-----------------------------	------------------------------------------------------------------------------------------

Healing Properties	oxygenate blood; increase prana in physical body
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Harmonizes With	Gem Silica, Shattuckite, Chrysocolla, Ajoite, Malachite, Azurite, all types of Calcite, Smithsonite, Hemimorphite. Soothing and healing emotional body - Larimar
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